



Ladybird Forest Pre-School



Safeguarding and Welfare Requirements: Managing Behaviour

7.5 Sleep

Policy Statement

We recognise that very young children may require naps while at the setting and we ensure that a safe and comfortable sleeping environment is provided.

Procedures

- We obtain information regarding children's nap schedules and preferences through our home visit.
- We provide a safe sleeping environment by:
 - monitoring the room temperature;
 - keeping all spaces around beds clear from hanging objects i.e. hanging cords, blind cords, drawstring bags;
 - ensuring every child is provided with clean and light bedding/blankets;
 - all sleeping children will be checked every five minutes and monitored through the vision panels; and
 - all sleeping children will be recorded in a sleep record book every five minutes.

Relevant Ladybird policies:

- 1.2 Safeguarding Children and Child Protection
- 8.1 Health and Safety



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This policy was reviewed by	Amanda Sanders - Pre -School Manager Victoria Grimes - Admin Manager Rebecca McGough - Chair
Date of review	13 th January 2024
Date for next review	13 th January 2025
Chair's signature	