**7.5 Sleep**

**Policy Statement**

We recognise that very young children may require naps while at the setting and we ensure that a safe and comfortable sleeping environment is provided.

**Procedures**

* We obtain information regarding children’s nap schedules and preferences through our home visit.
* We provide a safe sleeping environment by:
  + Monitoring the room temperature.
  + Keeping all spaces around beds clear from hanging objects i.e. hanging cords, blind cords, drawstring bags.
  + Ensuring every child is provided with clean and light bedding/blankets
  + All sleeping children will be checked every five minutes and monitored through the vision panels.
  + All sleeping children will be recorded in a sleep record book every five minutes.

**Relevant Ladybird policies:**

* 1.2 Safeguarding Children and Child Protection
* 1.8 Online Safety (incl. CCTV, Cameras, Mobile Phones and Smart Devices)
* 8.1 Health and Safety

|  |  |
| --- | --- |
| **This policy was reviewed by** | Amanda Sanders – Pre -School Manager  Rebecca McGough – Chair |
| **Date of review** | June 2022 |
| **Date for next review** | June 2023 |
| **Chair’s signature** |  |